

RSE Sorted - Relationships and Sex Education Terminology

Year Group	My Feelings	My Relationships	Asking for help	My rights and responsibilities	My Beliefs	My Body
Reception	feelings, comfortable, uncomfortable	same, similar, different	special	public, private,	like, dislike, difficult	hygiene
Year 1	emotions, feelings	communication	problem, help	disease, bacteria.	similarities, differences	private parts, penis, vulva
Year 2	self-esteem	bullying	secret, surprise	personal space, privacy	unique	foetal development, vagina
Year 3	aspiration, compliment, self-esteem	relationship	secret, surprise	private parts, penis, testicles, vulva, breasts, vagina, buttocks, anus.	gender, stereotype	differences, unique, penis, vulva, hygiene
Year 4	emotions, empathy	public, private	peer pressure	marriage, arranged marriage, forced marriage	similar, different, identity.	foetus, physical and emotional development, puberty
Year 5	puberty, emotions, hormones.	relationships	online	personal information	gender, sex, intersex, transgender, gay, lesbian	puberty, penis, erection, wet dream, menstrual cycle, periods
Year 6	body image	homophobic, biphobic, transphobic, gender, cisgender, transgender, pangender, intersex, sexuality, gay, lesbian, bisexual.	problem, support, help, trust			sexual intercourse, conception, sexual organs, penis, testicles, scrotum, foreskin, epididymis, sperm ducts, erection, ejaculation, semen, vulva, vagina, clitoris, labia, ovaries, fallopian tube, womb, uterus <u>Additional Sex Education Terminology from the 'My Life' curriculum:</u> consent, contraception, heterosexual, conception, umbilical cord, embryo, fertilisation, egg, birth, caesarean section, IVF, surrogacy, adoption, labour.