

## Achieve - Collaborate - Flourish

Everyone is given the opportunity to flourish academically, socially, and emotionally. Our broad and balanced curriculum inspires our children to be curious, resilient and to naturally seek challenges. With collaboration at the heart of everything we do, we are a nurturing community that celebrates diversity and individuality. We teach and model the skills our children will need to adapt, succeed, and thrive in an ever-changing world.

# PE Vision/Intent

#### Active-Fun-Forever

At Rosecroft, we strive to develop a school, federation and community of fit, skilled, and knowledgeable pupils. We want them to value an active lifestyle, embody the spirit of sportsmanship, practice positive character traits and continue physical activity throughout life.

### <u>Curriculum</u>

Using our **Get Set 4 PE curriculum**, alongside PSHE and science, teaches children about the **importance** of healthy living and learning about the need for good nutrition.

We apply these learned skills in a variety of additional Physical activities to give a broad and balanced offer;

e,g. OAA, Yoga, Dodgeball, Athletics, Cricket, delivered to practice, consolidate and use the skills taught in lessons.

In EYFS, children are given <u>opportunities to</u> <u>practice</u> the skills taught in Get Set 4 PE in their shared outdoor areas.

e.g. bikes, balls, nets, beanbags, hoops and balance steps. Using a wide variety of equipment.

Using PE as a <u>cross curricular link</u> whenever possible.

10 minutes walking the daily mile per day in every class to help develop the whole child.

## **Additional Activities**

- o Inter-school competitions and festivals.
- Celebration of sporting achievements recognised in assembly.
- Extra-Curricular sports clubs, e.g. football, dodgeball, netball, athletics, multi skills, dance etc..
- o Links to local clubs in the area.
- o Curriculum Experience days to develop the whole child, e.g. Try a new sport, virtual archery and glow in the dark dodgeball.
- Learning about and being part of world wide sporting events, e.g. Football World Cup, The Olympics.
- o Charity Events, e.g. Sport relief, Race for Life